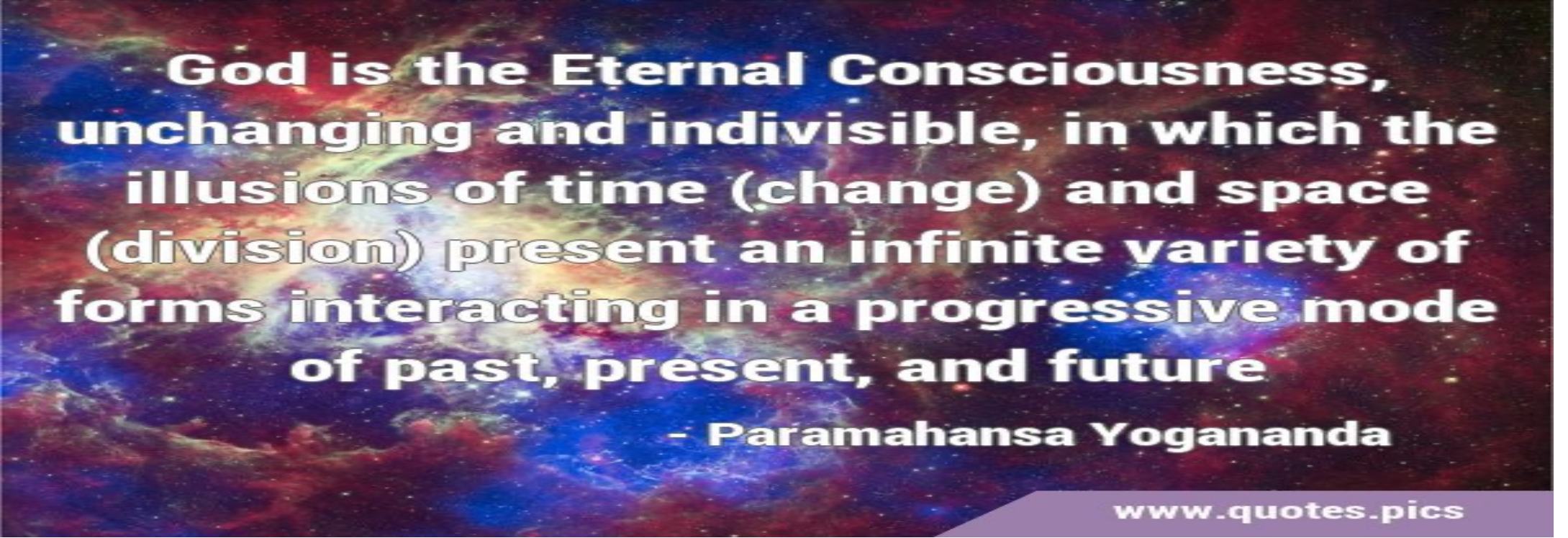


Living in Christ/God consciousness

Om Sri Yesu bhagavate namaha

Workshop facilitated by

Dr Huzan Daver



**God is the Eternal Consciousness,
unchanging and indivisible, in which the
illusions of time (change) and space
(division) present an infinite variety of
forms interacting in a progressive mode
of past, present, and future**

- Paramahansa Yogananda

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What is Christ consciousness?

Living With Meaning and Purpose describes how we can live with greater meaning and purpose by increasing our consciousness of the presence of God in our everyday activities.

In Christ Consciousness the whole world – everyone and everything in it – is your own. The whole of space and everything in it belongs to you.... When you cultivate this consciousness and therein understand that everything is yours, you will have no prejudices about race or colour. Yogananda

God is consciousness...
not a creator. God is the source
of creation itself. It (not he or she) IT is
not independent of you. It is the totality of
everything. So when I call myself God I
am not talking about my personal self. I am
talking about the expression of the God
self that rests inside of me. The verb...
the ENERGY... not the noun. Once you
think God is a noun, person, place, or
thing, you separate yourself from it
and immediately become a limited
being. That's what separates the
believers (religious) from
the knowers (spiritual).

| *The Minds Journal*



The Age Of
ENLIGHTENMENT

Levels of spiritual consciousness

Stages of development		Levels of consciousness	Positive values	Potentially limiting values
Serving	7	Service	Compassion, forgiveness, humility, contribution, future generations.	Not applicable
Integrating	6	Making a difference	Collaboration, empathy, intuition, mentoring, partnering, alliances.	Not applicable.
Self-actualizing	5	Internal cohesion	Honesty, trust, creativity, integrity, authenticity, meaning, internal alignment.	Not applicable.
Individuating	4	Transformation	Freedom, autonomy, accountability, adaptability, courage, personal growth.	Not applicable.
Differentiating	3	Self-esteem	Security, recognition, positive self-image, self-esteem, confidence.	Arrogance, pride, conceit, superiority, discrimination.
Conforming	2	Relationships	Safety, family, friendship, belonging, harmony.	Being liked, blame, jealousy, revenge.
Surviving	1	Survival	Survival, health, physical fitness, nutrition, financial stability.	Control, manipulation, greed, caution.

How do you awaken consciousness?

- SET INTENTIONS through MEDITATION
- God consciousness is 999HZ
- Live in CIA mindfully
- Act consciously

Prayer:

I pray Christ Consciousness be born in all nations as love of unity, in all men as spiritual ambition, in true friends as the Divine Friend, in students of this path as Self-realization, and in all deep devotees as eternal, ever new Joy and perpetual Wisdom. Yoganada

How do I know I am in Christ consciousness?

It is a sign of spiritual awakening if you feel your **intuitions** are becoming stronger or the feelings have heightened and you feel more in tune with yourself.

Mantra to chant:

Om Sri Yesu bhagavate namaha

**Once a person raises
beyond certain limitations
of his consciousness,
every thought of his
becomes the will of God
itself**

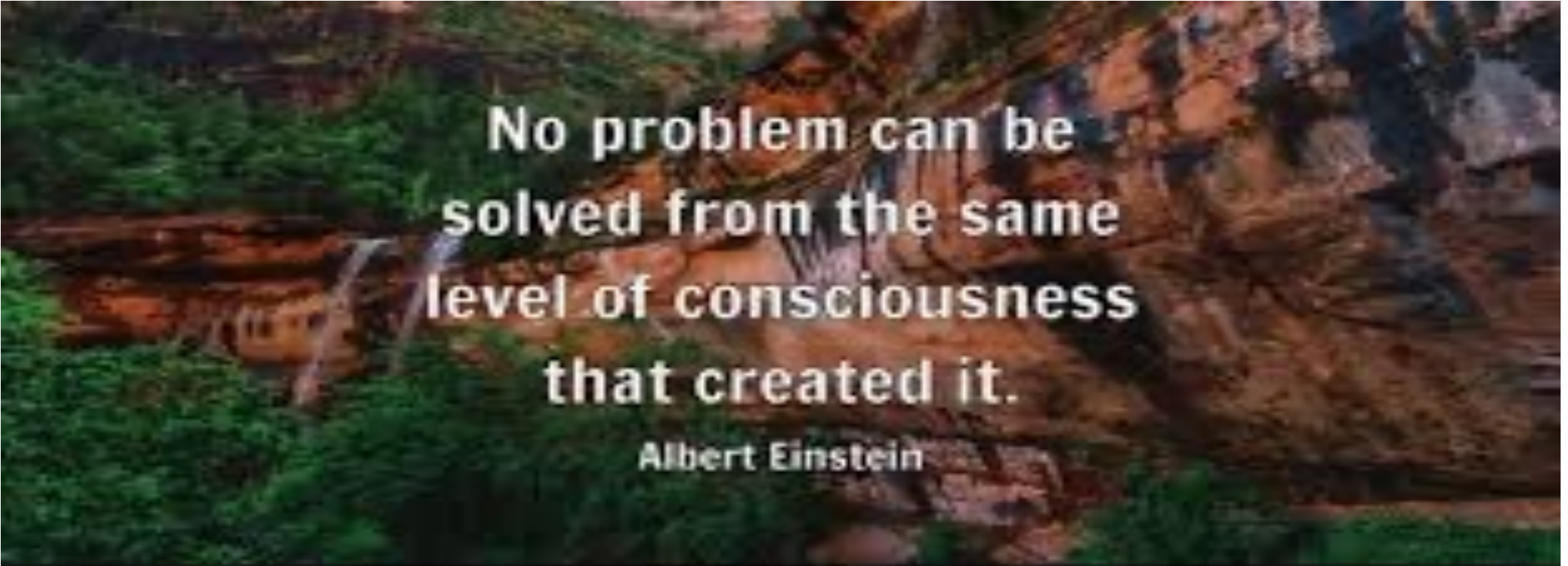
Sadhguru

**SOMETIMES OUR LIVES
HAVE TO BE COMPLETELY
SHAKEN UP, CHANGED, AND
REARRANGED TO RELOCATE
US TO THE PLACE WE'RE
MEANT TO BE.**



THE MIND UNLEASHED
UNLOCK YOUR TRUE POTENTIAL

MEDITATION TO RAISE OUR CONSCIOUSNESS



No problem can be
solved from the same
level of consciousness
that created it.

Albert Einstein

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